DAVID LLOYD LEISURE - Dublin Riverview - 01 218 9600

DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	15:15 - 16:00	Mini Dance	3-4 Years	Sq Crt 3	
Monday	15:15 - 16:15	Make & Create	5-7 Years	Teen Rm	
Monday	16:00 - 16:45	Lets Create	3-4 Years	Teen Rm	
Monday	16:00 - 17:00	Supervised Gym	All Levels	Gym Area 1	
Monday	16:15 - 17:15	Get Active	All Levels	Sq Crt 3	
Monday	16:30 - 17:30	Make & Create	8-11 Years	Teen Rm	
Tuesday	15:15 - 16:00	DL Kids Yoga	3-4 Years	Studio 4	
Tuesday	15:15 - 16:15	Make & Create	5-7 Years	Teen Rm	
Tuesday	16:00 - 16:45	Imagine...(3-4yrs)	3-4 Years	Sq Crt 3	
Tuesday	16:15 - 17:15	DL Kids Yoga	All Levels	Studio 4	
Tuesday	17:00 - 17:45	FIT Cycle	11+ years	Cycle Studio	
Wednesday	15:15 - 16:00	DL Kids Yoga	3-4 Years	Studio 4	
Wednesday	15:15 - 16:15	Multi Sports	5-7 Years	Sq Crt 3	
Wednesday	16:00 - 16:45	Lets Create	3-4 Years	Teen Rm	
Wednesday	16:15 - 17:15	DL Kids Yoga	All Levels	Studio 4	
Wednesday	16:30 - 17:30	Multi Sports	8-11 Years	Sq Crt 3	
Wednesday	17:00 - 17:55	FIT Circuits	11+ years	Studio 1	
Thursday	15:15 - 16:00	Imagine...(3-4yrs)	3-4 Years	Studio 4	
Thursday	15:15 - 16:15	Make & Create	5-7 Years	Teen Rm	
Thursday	16:00 - 16:45	Mini Active	3-4 Years	Studio 4	
Thursday	16:15 - 17:15	Multi Sports	All Levels	Sq Crt 3	
Friday	15:15 - 16:00	Lets Create	3-4 Years	Teen Rm	
Friday	15:15 - 16:15	Make & Create	All Levels	Teen Rm	
Friday	16:00 - 16:45	Mini Active	3-4 Years	Sq Crt 3	
Saturday	09:25 - 10:10	Get Active	5-7 Years	Sq Crt 3	
Saturday	09:25 - 10:10	Mini Active	3-4 Years	Studio 4	
Saturday	10:10 - 10:55	Lets Create	3-4 Years	Teen Rm	
Saturday	10:10 - 11:10	Make & Create	All Levels	Teen Rm	
Saturday	10:55 - 11:40	Mini Dance	3-4 Years	Studio 4	
Saturday	11:10 - 12:10	Multi Sports	All Levels	Sq Crt 3	
Saturday	12:00 - 12:55	Family Welcome	All Levels		
Saturday	14:30 - 15:25	FIT Zumba	11+ years	Studio 1	
Sunday	09:55 - 10:55	Mini Active	All Levels	Sq Crt 3	
Sunday	11:00 - 12:00	Lets Create	All Levels	Teen Rm	
Sunday	12:00 - 13:00	Multi Sports	8-11 Years	Sq Crt 3	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

€ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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